## PREGNANCY, LABOUR AND INFANT AT LIV

livhospital.com

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# During Pregnancy **Birth Workshops**

Future parents are prepared for the birth with our free 4-week birth workshop. Our obstetricians, nutrition and dietary specialists and anesthesiologist explain parents the changes that awaits them. Our pediatricians and baby nurses train future parents about breast-feeding techniques and infant nutrition and our birth coaches tell what should be done during labor and gives breathing exercises to future mothers.

#### **Future Parents are more Aware with Parenting School**

Liv Hospital invites all future mothers and fathers who need support on baby health and care to our parenting school. 'Liv Hospital Parenting Workshop' provides a thorough education prepared by specialist doctors for mothers and fathers. Many questions about baby and child care are answered in Liv Hospital Parenting School. Specialist doctors explain how to raise children best psychologically and physically.

0 850 222 2 548 / 444 4 548

For more information, about details of the workshops.

#### We are with the Mothers

Experts of our Perinatology Clinic, diagnose the difficulties that may be encountered in a high-risk pregnancy and provide the necessary treatment, raise the awareness of future mothers and follow them during their pregnancies. Reliable and experienced experts support the mother and the baby to complete the process in a healthy way. Services provided in Perinatology Clinic:

- Detailed ultrasound (anomaly screening in the fetus with ultrasound at 20-22 weeks)
- Week 11-12 ultrasound (and projection of maternal risks such as preeclampsia, intrauterine growth restriction etc.)
- Evaluation of blood circulation in the pregnant and the baby (Doppler studies)
- Amniocenteses, chorion villus biopsy, cordocentesis
- Intrauterine transfer
- Treatment of the problems developing in maternal twins
- Cervical incompetence
- Fetal surgery (shunt etc.)
- Preeclampsia treatment
- Preterm labor



#### Feel safe with

### **Delivery Coaches During Birth**

Our delivery coaches work during the birth process to support the mother. Our delivery coaches plan every detail related to the birth and inform the mother about the process. They stay with the mother from the beginning of the birth till the end. They work to inform the mother about the general hospital processes and help mother to make informed decisions.

They physically relieve the mother in the hospital during various stages of birth. Act as a mediator in the communication with others. Help the mother to protect the serenity she needs. Increase the mother's self-confidence during this intense experience, and helps mother to realize that everything is going fine. Support the future father and guide him to participate in the birth process as much as father wants to.

# **Baby-friendly**Hospital

Our hospital conducts workshops to make sure our babies are fed with breast milk and to extend correct practices. As a result of these workshops, our hospital earned the international "Baby-friendly Hospital" and "Baby-friendly Healthcare Institution titles.

Unconditional Warmth of our Neonatal Team

Firstly mother is taken for a department tour by
the experienced nurses of the infant nurses, then
parents meet with the pediatricians. Parents can decide
to use the umbilical cord bank service before the labor.
Neonatal specialists help when mother and the baby is having
their first contact You can leave your premature babies into the
safe hands of neonatal care unit team.

# Unforgettable Moments for Parents

Our team provides an opportunity for the mother, after she starts having normal meals, to share their happiness with her husband. A private dinner is served to the mother and the father before they head back to their home.

Liv Hospital, aims to give a meaningful and unforgettable dinner with this "First Parent Dinner" service.



# Before, During and After the Birth We Eternalize Your Experience.

We turn happy moments into unforgettable memories. Starting with the pregnancy pictures of the future mothers, this album, consists of pictures of birth, first contact, first bath of the baby, first meeting with the family, first breast-feeding and family portraits, eternalizes all your special moments.

#### Liv Kids

With the Liv Kids card for babies born in our hospital you receive the following;

- Life-long 15% discount for your baby in all healthcare services, at Liv Hospital.
- Free "First Control Examination" for your baby and proper nutrition meeting after the sixth month,
- %35 discount in all check-up services for mother and father,
- First dietitician examination is free for the mother and 25% discount for the following dietitian examinations.



408 2007 1045 0406

### At your service 24/7

With its strong neonatal physician team, our hospital has pediatricians, obstetrician specialists and nurses available 24/7. In our hospital with Neonatology physicians who follow the development and anatomic structure of your baby, our experts are at your service with a holistic approach 24/7.



#### **Home Visit**

We are with you even after your discharge... With our house visit to mother and baby, our specialized baby nurses inform you about the care your baby needs, check the general health of the mother in postpartum period and her doctor is informed.

In addition, observation and training is provided with regards to postpartum depression, nutrition, sexuality, weight-height measurement of the baby, abdominal care, bath training of the baby, flatulation techniques, chest care and breast-feeding. After the house visit, pediatricians and obstetricians are informed about the latest status of the mother and the baby.

### **Comprehensive Pediatry Clinic**

In addition to Child and Neonatology (infant), experts of Child Allergy and Chest Diseases, Child Cardiology, Child Endocrinology, Child Otolaryngology (Ear Nose Throat Specialist), Child Gastroenterology, Child Neurology, Child Surgery, Child Urology, Child Rheumatology, Child Nephrology, Child Psychiatry, Child Ophthalmology, Child Orthopedics and Child Dentistry also serve in our Pediatry Clinic and provides a 360° approach. First year examinations by pediatricians are really important for the baby in terms of potentials diseases or condition such as; hernia, undescended testicle, retractile testicle.



# Postnatal Screening Tests of Your Baby

After the birth, our specialists conduct the first examination, jaundice measurement, hip examination, blood type determination, hormone and intelligence level screenings, hearing test, determination of metabolic diseases, eye and stomach examinations.



life is beautiful with your baby...

We wish happiness to your family.