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OUR FAMILY'S NEW HEALTHCARE HEROES



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LIV HOSPITAL and DEMİR SAĞLIK GREAT COOPERATION IN HEALTH TOURISM

Offering multidisciplinary services with its guest-oriented approach and experienced physician staff, Liv Hospital has joined forces with Demir Sağlık Great Cooperation, which has years of experience in health insurance and is the pioneer of innovations. Liv Hospital will now cover its guests coming from abroad with the 'Health Tourism Assurance Insurance' developed by Demir Sağlık.

Liv Hospital and Demir Sağlık Great Cooperation have brought something new in Turkey and presented the 'Health Tourism Assurance Insurance' to the use of health tourism customers. He joined forces for the 'Health Tourism Assurance Insurance' product Within the scope of this new cooperation, Liv Hospital will now cover its guests coming from abroad with the 'Health Tourism Complication Coverage Insurance'. Within the scope of the policy, the necessary expenses will be covered for the treatment of complications defined in the medical literature that may occur after the operation that patients who come to Liv Hospital for health tourism purposes will undergo.



Complications that might occur after surgery are covered.

Meri Istiroti, Group Coordinator of Liv Hospital, pointed out that Liv Hospital provides assurance of complications that may occur after surgery to foreign patients who come to Turkey within the scope of 'Healthcare Tourism Complication Coverage Insurance' by Demir Sağlık. Meri Istiroti "This policy will serve the patients who come to our country for an operation, within 5 different plans, especially dental, eye, hair transplant, surgery (Orthopedics, gynecology, general surgery, plastic surgery, ENT, Pediatric Surgery and Thoracic Surgery), cardiovascular surgery and on the other hand, we are proud that it is the first in the sector. In fact, it is also an indication of our full confidence in the service we provide to our patients," she said.

Within the scope of the policy, in addition to inpatient treatment, air ticket and accommodation expenses coverage is also offered. The policy, which provides a comprehensive guarantee to its users for a period of 6 months, also has the convenience of purchasing with the price advantage it has. In addition, with this policy, the insured will have the opportunity to benefit from the intervention coverage and companion coverage in their own country, while they will also be covered by Demir Sağlık travel health insurance.



DON'T IGNORE THE PAIN

When we consider the most common health problems through the society, back, neck and knee pains will be at the top of the list. Probably, many of us have suffered from them at least once. The pain also decreases quality of your life. In the Liv Hospital Pain Clinic, our patients receive their tailor-made treatment for back, neck and knee pains.

Back pain treatment with no tissue damage is possible

Back pain may be due to various reasons like muscle spasms, calcification of joints (facet joint) and herniation of the disc substance. Injection (cortisone) and radiofrequency treatment are applied to the facet joint that causes pain in the waist and neck region or to the nerve roots affected due to herniation. In recent years, radiofrequency therapy applied to the lumbar and neck nerve roots is more effective than injection therapy, provides longer-term (at least 2 years) pain relief and does not cause tissue damage.

Discontinuing medication is possible with the right pain treatment

Elderly people generally feels pain in all of their body and joint muscles due to the calcification of the musculoskeletal system. Selection of the proper and the short acting medication on the medical treatment is essential. Side effects also must be considered. Moreover, discontinuing medication even when suffering long term pain is possible by dry needling treatment application to back, neck and knee.

Knee Pain? Radiofrequency

Most of the knee complaints are due to the anterior knee pain. Nowadays, medical community recommends treatments with no tissue damage. In this new method, radiofrequency current is applied to the knee joint space in pulsed mode, reducing the pain in the anterior part of the knee. It is applied by entering the knee joint space under ultrasound guidance with a special generator that produces radiofrequency current and a radiofrequency needle that transmits this current to the tissue. The application to the patient is applied once and for an average of 6 months to 2 years, the knee pain of the patients decreases and they can make especially going up and down stairs painlessly. Pulsed radiofrequency current provides pain relief without tissue damage in the area where it is applied, and therefore this procedure can be applied to the patient repeatedly.



UNEXPECTED FRACTURES CAN BE A MULTIPLE MYELOMA INDICATOR

Multiple myeloma, which is an insidious blood disease, may present with many different complaints such as bone pain, fatigue, weakness, headache, blurred vision, and hemorrhage. Detailed diagnosis and treatment methods are applied in our Liv Hospital Hematology Clinic.

What is multiple myeloma?

Multiple myeloma, an uncontrolled proliferation of cells in the bone marrow, called plasma cells, is a disease that often causes anemia and kidney failure, as well as lesions and fractures in the bones.

What are the symptoms? Symptoms of fatigue, weakness and anemia may be observed.

Infections due to immunosuppression Renal insufficiency symptoms Headache, blurred vision, hemorrhages, impaired consciousness, shortness of breath

Headache, blurred vision, hemorrhages, impaired consciousness, shortness of breath Swelling in different parts of the body

What are the treatment options?

Since it is generally referred to as an age-related disease, the treatment is decided according to the patient's age (over 60-65 years old or younger than 60-65 years old) and body strength associated with co-morbid disease, and performance evaluation. Dose adjustments are made as age increases and performance score decreases.

Anti-tumor drugs: The first approach is to give high-dose chemotherapy followed by autologous stem cells in order to reduce further the reduced tumor burden after 3-4 cycles of treatment only if the patient's age is younger than 65 and his body can handle this treatment to reduce the tumor burden. High-dose chemotherapy also kills healthy blood cells. Therefore, first of all, the cells that will form the bone marrow are collected from the blood with the help of a special device called apheresis device. Then high-dose chemotherapy is given. And the stored blood cells (stem cells) are given back to the patient to form bone marrow again through the vein. This form of treatment is called autologous stem cell transplant or bone marrow transplant

Medication to prevent bone damage: Drugs to prevent bone damage are also used in the treatment of patients with myeloma.

NEUROSTIMULATION TREATMENT IN PARKINSON'S DISEASE

What Does Parkinson's Disease Mean?

Parkinson's is a slowly progressive brain disease with loss of brain cells. In Liv Hospital Brain and Nerve Surgery Clinic, advanced Parkinson's patients who cannot benefit from drug treatment can lead a comfortable life with a battery placed in their brain.

Does Parkinson's Disease Occur in Young Ages?

Parkinson's is a chronic and progressive disease characterized by the loss of dopamine-secreting neurons in the deep brain regions. The disease, which develops slowly and insidiously, shows different rates of progression from person to person. It initially shows symptoms in half of the body, then spreads to the whole body. The severity of symptoms varies, as does the rate of progression. As the disease progresses, patients become unable to perform their daily activities on their own. Parkinson's occurs mostly at older ages, but it can also be seen in younger patients.

How Does Neurostimulation Treatment Been Performed in Parkinson's?

In Liv Hospital Brain and Nerve Surgery Clinic, surgeries are performed successfully by using a small hole in the skull with this method called stereotaxy. In this way, risky areas of the brain, which are as small as 3-4 mm in size and cannot be accessed by open surgical methods without harming the patient, are reached with very high accuracy and low risk. For this purpose, special targeting systems are used.

Neurostimulator (Battery) Must Be Meticulously Adjusted

As soon as the operation is over, and even during the operation, the patient feels that he/she has recovered, but it may take up to 1-2 months to make detailed adjustments. Ultimately, it is possible to reduce the amount of medication used while improving the patient's quality of life. Patients can continue to their normal lives in a very short time after surgery.



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